SOLO OCEAN KAYAKER'S NEXT EXPEDITION REVEALED: A TRANS-ATLANTIC CROSSING IN 2024



After successfully crossing the 2,800 miles of the Pacific Ocean between California and Hawaii in 2022, Cyril Derreumaux will take on the 3,000 miles of the Atlantic Ocean from the Canary Islands to Barbados in December 2024.



© 2022 - Tom Gomes

Contact:

Email: cyril.derreumaux@gmail.com Phone: +1 (707) 318-6135

Speaker Website: <u>www.CyrilDerreumaux.com</u> Expedition Website:<u>www.SoloKayakTheAtlantic.com</u> Member of "The Explorers Club" <u>https://www.explorers.org</u> His kayak / 360° view <u>https://all3d.ai/kayak-prerendered-360</u>

LinkedIn: <u>https://www.linkedin.com/in/cyrilderreumaux</u> Facebook: <u>https://www.facebook.com/CyrilDerreumauxAdventure</u> Instagram: <u>https://www.instagram.com/cyrildx</u> Twitter: <u>https://twitter.com/cdxpro</u>

HIS LAST SUCCESS

The Pacific Expedition - June 21st to Sept. 20th, 2022

4,444 kilometers / 2,761 miles / 2,400 nautical miles

After 91 days and 9 hours at sea, solo kayaker Cyril Derreumaux completes the 1st solo kayak crossing, unsupported and human-powered, of the Mid-Pacific Ocean from California to Hawaii. Having departed in the early morning of June 21st from Monterey, California, kayaker Cyril Derreumaux successfully landed at Hilo Bay, Hawaii on September 20, 2022, completing the 2400 nautical miles (4444 km) ocean crossing.

HIS NEXT CHALLENGE

The Atlantic Expedition - December 2024

4,800 kilometers / 3,000 miles / 2,800 nautical miles

Cyril Derreumaux will leave in December 2024 from The Canary Islands, with the aim to reach the island of Guadeloupe on the other side of the Atlantic Ocean, in a 100% human-powered, solo and unsupported kayak expedition.



About Cyril Derreumaux

French born, now American citizen, Cyril Derreumaux considers himself a citizen of the world. Fluent speaker of 6 languages (and counting!) Cyril is attracted to learning and discovering new cultures and places all the time.

This natural curiosity of people and places led Cyril to backpack around the world at 25 for one year. With \$7,000 and a can-do attitude Cyril embarked on this life-

changing experience that permanently changed his outlook on life and how he wanted to live it.

A move to California following his profession in the wine business led Cyril to begin exploring the world of outrigger canoeing and kayaking and reignited a childhood passion for windsurfing and all things water related. He soon began pushing his limits further and further in ultra endurance water events. A serendipitous find of the Great Pacific Race which advertised "you don't need to be a rower to row an ocean" led Cyril to embark on his biggest challenge at the time, rowing in a team of 4 men from California to Hawaii which resulted in in a Guinness Record for the fastest ocean rowing crossing of a team in 39 days and again changing Cyril's perspective on what was possible.



Always a dreamer, Cyril soon found himself thinking about his next expedition. Inspired by the stories of maverick ocean explorers, Cyril began to plan his biggest expedition to date, <u>crossing the mid pacific</u> on a kayak with solely human power from California to Hawaii.

Despite delays and a failed attempt, Cyril accomplished this goal in September 2022 reaching Hawaii to become the first 100% human powered kayaker to accomplish such a feat.

As a member of the famed <u>Explorers Club</u> Cyril continues to dream big, thinking of his next big adventure and encouraging others to do the same. Advocating to "live

life to the fullest," Cyril hopes his adventures inspire others to find their own dream and go after it.

Cyril is currently working on a book and a documentary chronicling his first kayak crossing.

The Kayaker

- Born September 5th, 1976 (46 years old) in Lille, France
- Double citizenship French and American, Cyril has lived in California for 14 years.
- Speaks 6 languages. Lived in France, Spain, Italy, England, Argentina, Brazil, USA.
- Two kids: Oliver 17 years old and Simon 14 years old
- 80 kg / 176 lbs. and 1m75 / 5'9"
- Member of "The Explorers Club" > https://www.explorers.org

The Expedition

- Departure: Mid December 2024, weather permitting
- Solo and unsupported expedition from The Canary Islands to Barbados Island
- The first 15 days are the hardest: sea sickness, sleep deprivation, new type of food, new pace of paddling, etc.
- 4,800 kilometers / 3,000 miles / 2,800 nautical miles
- Estimated duration between 80to 90 days.
- 6,000 ingested calories per day / 8,000 calories spent => 2,000 Cal deficit
- Water is made with a water maker. Food is mostly Freeze-dried / dehydrated food, and high calory bars. Supplements are from Standard Process.
- Expected weight loss of paddler: 20-25 lbs. Needs to gain this before departure.
- Typical day: wake up, breakfast. Start paddling at sunrise, for the first 4 to 5 hours. Break for lunch. Another paddling session of 4 to 5 hours. Maybe more if conditions are good. Sunset, prepare for the night. Wake up every 2 hours during the night to check on the boat. Start over till he gets to Barbados.

The Craft

- 360° view: <u>https://all3d.ai/kayak-prerendered-360</u>
- The craft is a single kayak, cabin style "Ocean kayak" of 7 meters long (23 feet). Aft cabin configuration, light weight, carbon / epoxy composite, very light but again strength and safety are paramount.
- Fully sealable self-righting survival "pod" is how we should consider the "cabin".
- Human propulsion: kayak paddle + system by feet from style «Hobie» (Mirage system) to alternate muscle groups + safety
- For paddling, the seat is at 18.5 cm above keel with heels of feet about 10 cm above keel, this will be a comfortable paddle position. There is a bilge pump in the foot area. Side decks of cockpit have been cut away, the minimum width (paddle entry position) of the top of the cockpit is 60 cm, width at bottom of cut away approx. 75 cm. Cockpit rim opening shown has continuous convex curve so should be possible to fit spray deck and / or night cockpit cover.
- Weight: Boat empty, hull structure estimate: 80kg (176 lbs.) Boat full 800 lbs.
- Conception: Daniel Davy and Rob Feloy
- Construction: Inuk Kayaks (Rob Feloy)
- Electrical consultant Malcolm Morgan (Sausalito)

Thank you.



© 2022 - Tom Gomes